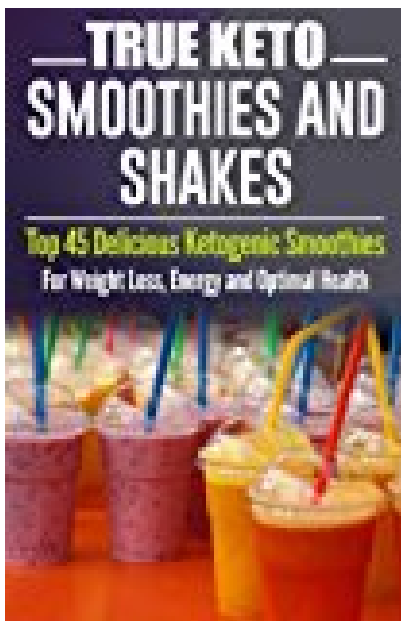


# **Ketogenic Diet TRUE KETO Smoothies and Shakes Top 45 Delicious Ketogenic Smoothies For Weight Loss Energy and Optimal Health**

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## **BOOK DETAILS**

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- Pages : 76 Pages
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## BOOK SYNOPSIS

ARE YOU READY TO EXPERIENCE THE AMAZING WEIGHT LOSS AND FAT BURNING BENEFITS OF THE KETOGENIC DIET? Youve Come To The Right Place! This book has proven meal and workout plans, all guaranteed to help you lose weight fast! Thousands of people including top celebrities have discovered the amazing ketogenic diet and are taking advantage of this low carb diet and lifestyle. Youll Learn To Make Top 45 Delicious Ketogenic Smoothies Including... Ketogenic Milky Strawberry. Keto Smoothie-de-Pumpkin. Rhubarb Pie & Strawberry Smoothie. Choco-Blackberry Delight. Choco-Cream Shake (Ketogenic Version). Nutty Blueberry Delight Ketogenic Diet. Keto Fruit-less Smoothie. Chocolatey Peanut Butter Shake. Much, much more! For a full list of what you can see inside, scroll up and click on the look inside feature and check out the Table of Contents!

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