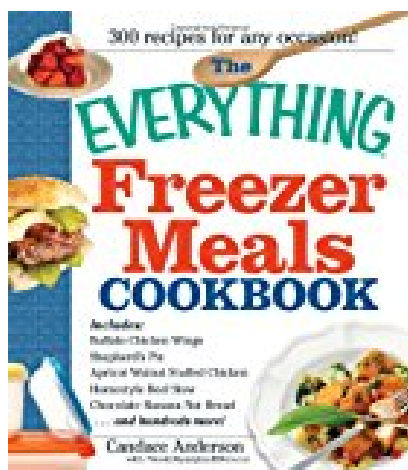


# The Everything Freezer Meals Cookbook



## BOOK DETAILS

- Author : Candace Anderson
- Pages : 304 Pages
- Publisher : Adams Media
- Language : English
- ISBN : 1440506124

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## BOOK SYNOPSIS

Whats for dinner? Check the freezer! This cookbook gives you the tools needed to prepare and freeze delicious home-cooked meals. Youre taught a variety of methods for filling your freezers with recipes like: Apricot Walnut-Stuffed Chicken; Salmon Patties with Dill Sauce; Cheese & Rice Enchiladas with Salsa Verde; Garlic Parmesan Rolls; Chocolate Banana Popsicles. In addition to saving time, youll be armed with money-saving tips and complete nutritional information. With everything you need to succeed, you can dive into the world of freezer cooking and enjoy the tremendous time- and money-saving benefits it brings to your life!

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